

Career, Independent Living and Learning Studies (CILLS) ^[1]

East Stroudsburg University of Pennsylvania

ESU's Career, Independent Living & Learning Studies (CILLS) program is sponsored by the College of Education, Department of Special Education & Rehabilitation, the Career Development Center and Conference Services. It is a three-year (non-degree) program where individuals with intellectual disabilities gain a college experience and develop skills to enhance their abilities to live and work within their communities. It is a stand-alone certificate program and not a degree program. The program includes academic enrichment, enhanced socialization, increased independent living skills. The series of training activities and experiences culminate in an internship of work-based learning and the ability to audit regular classes; this all leads to the outcome of independent living and competitive employment. ESU CILLS program is highly recognized for its high-quality model with proven success.

Individuals participating in ESU's CILLS program experience daily an inclusive learning environment in multiple settings. Participants share in classroom learning studies to help gain knowledge of relevant functional learning needs and have the opportunity to apply them within their residential component and campus and community experiences. Participants have mentors to guide them and to support them in completing assigned school work, participate in campus life activities as well as community experience off campus. Finally, they have full access to the university services such as the Recreation Center to join in inclusive intermural activities as well as cultural and sporting events that may be on campus. In summary the program participants are fully-immersed into the campus social and academic experiences with on-campus coursework that supports their goals.

Individuals live in off-campus houses with other program participants, with a house mentor in each house.

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Leaflet

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<http://www.esu.edu/cills> ^[3]

General

Public or private::

Public

Type of school::



program?:

Accepts out-of-state students?::

Yes

Deadline to apply to this program::

December 15th for the following Fall semester

Requirements for admission to this program::

- Other diploma (e.g., IEP diploma, certificate of attendance)
- 18-25

Please indicate which disabilities students in this program have::

- Intellectual disability
- Autism

Acceptance, Retention, and Completion Rates

Percent of students applying who are admitted::

83%

Retention rate::

100%

Program length::

3 years

Cost

Cost of the program::

Is this program able to provide federal financial aid as a Comprehensive Transition Program (CTP)?:

No

Students pay for the program in the following ways::

- Private pay (student and family)
- Tuition Waivers
- Local School District funds
- Medicaid Waiver or Day Habilitation funds
- Families are working with their counties to obtain waiver-approved educational support services.

Academic

Students take these types of "typical" courses (with students who don't have disabilities)::

Typical college courses for audit

More about course access::

Courses offered in the past include: Introduction to ART, Radio Practium, Acting, Principles of Food and Beverage, Vocational Rehabilitation, Child Development, Introduction to Human Services, Health and Wellness and Strength Training, Tennis, Aerobics, Introduction to Athletic Training, Introduction to Exercise Science, Physical Conditioning, Fundamentals of Music, Introduction to Human Services, and Introduction to Multi-Media.

Students take courses that are only for students in this program::

Yes

Percentage of academic time spent only with other students in this program::

Less than 25% of the time

Do students earn a credential of any kind when they complete this program?:

No

Employment

Percent of students in this program have paid work while attending the program::

10%

Other career development activities are::

- Internships
- Volunteer work
- Community Service
- Work Study

Percent of students in this program that had paid work after exiting the program::

90%

We offer the following specialized credentials::

A general certificate is offered.

Housing

Housing is provided to students::

Yes

Housing options available::

- Specialized off campus

Extracurricular

Students participate in student organizations on campus::

Yes

Proportion of social time spent only with other students in this program::

25%

Students have participated in these social/extracurricular activities and organizations::

Students all participate in clubs and organizations as well as being included within the university's sport teams. Some of the clubs that students participate in are in leadership role positions. For example, students have been in the position of Historian in the Rehabilitation Student Services Organization (RSSO). Students in the Best Buddies organization have taken on the position of Buddy Advocate Representative. In the Counsel for Exceptional Children (CEC) organization, students have been in leadership positions in support of the organization's activities. Other student organizations that students have been part of over the past few years are, Outing Club, Theater Club, Music Ensemble, and Community Band. Students have the opportunity to participate in over 160 student organizations available at ESU. Students have also participated as managers on sport teams such as basketball, field hockey, track and field and football. The CILLS students have been seen as contributing members of the aforementioned organizations and sport teams.

Please indicate which disabilities students in this program have:

Intellectual disability

Autism

Does this program have a working partnership with VR to provide funding, supports and/or services to students in the program?:

No

Are students in this program able to access support services through your IHE disability services office?:

No

Instructions:

In the form below is the information that is currently listed on our website for your program. Please click on each green tab, look over all fields and change any information that needs to be updated. There is no need to save after completing each tab, but you MUST click Save at either the top or bottom of this form after going through and making any necessary changes. You can save at any time and you may save and leave and return later to make additional changes or add new information. Green check marks will appear in the tabs on the left when you have filled out all questions in a section. Please make every attempt to answer all questions--but if you can't, the form will still save and we will use the information you can provide to create your updated record.

Contacts

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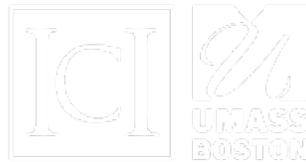
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About

Think College is a national initiative dedicated to developing, expanding, and improving research and practice in inclusive higher education for students with intellectual disability. It is based at the Institute for Community Inclusion, University of Massachusetts Boston.

Social



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Links

[1] <https://thinkcollege.net/programs/career-independent-living-and-learning-studies-cills>

[2] <mailto:dcavaiuolo@esu.edu>

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