

ADVISING FORM:
ASPIRE to Employment Certificate
Program of Study Requirements for Completion

AUDIT and/or CREDIT

YEAR 1	Fall Semester	Cr/Hr	Grade	Sem	Spring Semester	Cr/Hr	Grade	Sem
Academics	UNIV 105 – First Year Experience, 1cr.				UNIV 110 – College Study Skills, 1cr.			
	CARS 105 – Job Search, 1cr.				CARS 102 – Career Exploration, 2 cr.			
	<i>Elective: (optional)</i> UNIV 121 – Life Skills, 1cr.				<i>Elective: (optional)</i> UNIV 120 – College Success, 1 cr.			
	<i>General Elective: (optional)</i>				<i>General Elective: (optional)</i>			
Employment	Work Experience – Job Shadowing, Up to 2 hrs/semester:				Work Experience – Part Time Employment, Up to 4 hrs/semester:			
Independent Living	Individualized independent living goal(s), 1 hr/week:				Individualized independent living goal(s), 1 hr/week:			
Campus Life	Individualized social goal(s), 1-2 hrs/week:				Individualized social goal(s), 1-2 hrs/week:			
Related Skills	Please list, 1-3 hrs.: <ul style="list-style-type: none"> – Wellness – News2You – Public transportation – Faith based activities – Adaptive recreation – Other 				Please list, 1-3 hrs.: <ul style="list-style-type: none"> – Wellness – News2You – Public transportation – Faith based activities – Adaptive recreation – Other 			

YEAR 2	Fall Semester	Cr/Hr	Grade	Sem	Spring Semester	Cr/Hr	Grade	Sem
Academics	HPER 100 – Concepts of Wellness & Fitness, 2cr.				HRM 100 – Human Relations in Organizations or ART/HUM/SS Elective, 3 cr.			
	COMM 110 – Fund of Public Speaking, 3cr.				Technology Elective, 3cr.			
Employment	Work Experience – Job Shadowing, Up to 6 hrs/semester:				Work Experience – Part Time Employment/Discovery, Up to 6 hrs/semester:			
Independent Living	Individualized independent living goal(s), 1 hr/week.				Individualized social goal(s), 1 hr/week:			
Campus Life	Individualized social goal(s), 1-2 hrs/week:				Individualized social goal(s), 1-2 hrs/week:			
Related Skills	Please list, 1-3 hrs.: <ul style="list-style-type: none"> – Wellness – News2You – Public transportation – Faith based activities – Adaptive recreation – Other 				Please list, 1-3 hrs.: <ul style="list-style-type: none"> – Wellness – News2You – Public transportation – Faith based activities – Adaptive recreation – Other 			



A collaborative program of Minot State University,
 Dakota College at Bottineau &
 North Dakota Center for Persons with Disabilities

STUDENT NAME: _____ **ID#:** _____

ANTICIPATED GRADUATION DATE: _____

ADVISING FORM: College to Career Certificate (C2C) Program of Study Requirements for Completion
AUDIT and/or CREDIT

Year 1	Fall Semester	Cr/Hr	Grade	Sem	Spring Semester	Cr/Hr	Grade	Sem
Academics	UNIV 105 - First Year Experience, 1 cr.				UNIV 110 - College Study Skills, 1 cr.			
	CARS 105 - Job Search , 1 cr.				CARS 102 - Career Exploration, 2 cr.			
	UNIV 121 - Life Skills, 1 cr.				UNIV 120 - College Success, 1 cr.			
	<i>General Elective: (optional) Music Appreciation</i>				<i>General Elective: (optional) World Geography</i>			
Employment	Work Experience - Job Shadowing, Up to 2 hrs.:				Work Experience – Part Time Employment/Discovery, Up to 4 hrs.:			
Independent Living	Individualized independent living goal(s), 1 hr.:				Individualized independent living goal(s), 1 hr.:			
Campus Life	Individualized social goal(s), 1-2 hrs.:				Individualized social goal(s), 1-2 hrs.:			
Related Skills (as appropriate)	Please list, 1-3 hrs.: -Wellness -SAFE -News2You -Public transportation -Speech/Language -Faith based activities -Other				Please list, 1-3 hrs.: -Wellness -SAFE -News2You -Public transportation -Speech/Language -Faith based activities -Other			

Year 2	Fall Semester	Cr/Hr	Grade	Sem	Spring Semester	Cr/Hr	Grade	Sem
Academics	HPER 100 - Concepts of Fitness and Wellness/ Wellness Elective, 2 cr.				PSYC 100 - Human Relations in Organizations or ART/HUM/SS Elective, 3 cr.			
	COM 110 - Fund of Public Speaking/ Public Speaking Alternative (i.e. Theater or Acting Class), 3 cr.				CSCI 101 - Intro to Computers/BOTE 152 – Keyboarding/Tech. Alternative, * 3 cr.			
Employment	Work Experience - Part Time Employment/ Discovery, Up to 6 hrs.:				Work Experience – Part Time Employment in Career Interest Area, Up to 6 hrs.:			
Independent Living	Individualized independent living goal(s), 1 hr.:				Individualized independent living goal(s), 1 hr.:			
Campus Life	Individualized social goal(s), 1-2 hrs.:				Individualized social goal(s), 1-2 hrs.:			
Related Skills <i>(as appropriate)</i>	Please list, 1-3 hrs.: -Wellness - SAFE -News2You -Public transportation -Speech/Language -Faith based activities -Other				Please list, 1-3 hrs.: -Wellness - SAFE -News2You -Public transportation -Speech/Language -Faith based activities -Other			

Year 3	Fall Semester	Cr/Hr	Grade	Sem	Spring Semester	Cr/Hr	Grade	Sem
Academics	XXX XXX – Career Studies Elective. 3 cr.:				XXX XXX – Career Studies Elective, 3 cr.:			
	UNIV 101 - Leadership Through Service, 1 cr.				UNIV 101 - Leadership Through Service, 1 cr.			
Employment	Employment in Career Interest Area, Up to 10 hrs.:				Employment in Career Interest Area, Up to 12 hrs.			
Independent Living	Individualized independent living goal(s), 1 hr.: -Skills -CEC Life Centered Courses**				Individualized independent living goal(s), 1 hr. -Skills -CEC Life Centered Courses **			
Campus Life	Individualized social goal(s) 1-2 hrs.:				Individualized social goal(s), 1-2 hrs.:			
Related Skills <i>(as appropriate)</i>	Please list, 1-3 hrs.: -Wellness - SAFE -News2You -Public transportation -Speech/Language -Faith based activities -Other				Please list, 1-3 hrs.: -Wellness - SAFE -News2You -Public transportation -Speech/Language -Faith based activities -Other			
Transition Skills <i>(as appropriate)</i>	Please list, 1-2 hrs.: -Leadership Academy -Service-Learning Project -Adult Transition Classes (Indep. Inc., Public Library, Adult Ed.; etc.) -Portfolio Development (Print or electronic resume of student accomplishments)				Please list, 1-3 hrs.: -Leadership Academy -Service-Learning Project -Adult Transition Classes (Indep. Inc., Public Library, Adult Ed.; etc.) -Portfolio Development (Print or electronic resume of student accomplishments)			

	-Community Resource Education (Housing, Benefits Planning, VR, DD, etc.)				-Community Resource Education (Housing, Benefits Planning, VR, DD, etc.)			
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v. 8/17/2020

*EduTyping or other technology alternative

**CEC Life Centered Courses - <https://www.cec.sped.org/Publications/LCE-Transition-Curriculum>

For more information contact:

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