



Think College National Coordinating Center WEBINAR TAKEAWAYS



GETTING IT RIGHT AND LEARNING ON THE FLY: PREPARED FOR COLLEGE?

It's never too soon to begin preparing your child for college. Consider the roles and responsibilities in your daily life. What are you doing that your child could be doing? **Turn it over!** Look for teachable moments and opportunities to intentionally help your child develop independence, problem-solving skills, and responsibility in making their own choices.

- » **Disability?** Teach them what their abilities and disabilities are, what strategies work for them to succeed, and when it is important to disclose and share a disability.
- » **Medications?** Use a 7-day pill organizer to make them responsible for taking medications, refilling the organizer, and calling the pharmacy for refills.
- » **Choice and Consequences?** Begin by handing over control of the little things, like choice of clothing, haircuts, and what chores they will do on what days. Don't rescue them from the consequences. Develop decision-making skills. Teach them how to identify a decision, and the options and consequences of each decision.
- » **Emails, Texts, and Messages?** Text them routine reminders, send them appointment invites to populate their calendar, and use closed apps like [Group Me](#) for family messages.
- » **Advocate?** When your child has a problem with a teacher, help them write an email. Missing homework? Text a classmate. Have your child lead the individual education planning meeting or go to the counselor with a problem. Prepare the way but empower your child to take the action.
- » **Routines?** Involve your child in creating and revising morning routines, homework routines, and medicine routines.

And lastly... Prepare yourself. Letting go of control is difficult. Discuss and emphasize your child's successful strategies, habits, and routines. It will give you both confidence.

If you missed this great webinar, you are in luck! We recorded it and you can watch it for FREE right here!



RESOURCES

[Think College Parent Facebook group](#)

[Think College Foundational Skills for College and Career Success \(sample plan.\)](#)

[The 411 on Disability Disclosure](#)

[Think College video: Parents Talk about College vs. High School](#)

[Navigating the Transition: Student College Resource Guide](#)



Ask, don't tell. Follow a question with, 'What do you think?' Encourage children to problem solve and begin thinking for themselves. Then, don't rescue them. Allow them to learn from their choices.

—Kathy Becht

