

Case Study - GREG

Greg is 17 years old and seems to have no idea of what he wants to do with his life. He has a history of mental illness and multiple hospitalizations due to episodes of severe depression and threats of suicide.

Greg has held a part-time position at a cat shelter, feeding the animals and cleaning the cages. He seems to have a real interest in animal care, as evidenced by his menagerie of pets and his tendency to rescue injured wild animals and nurse them back to health. He has been known to say, "People are idiots. Animals have soul."

Greg takes a number of medications (for depression, anxiety and seizures). He is not very careful about taking them at the right times. On one occasion at the cat shelter one of his co-workers spilled some cat food; Greg became livid, yelled obscenities, and threw the cat food dish across the room. When the cats seemed to be agitated, he knelt down and gently told them he would make sure his co-worker didn't harm them!

Greg prefers to work alone and has been known to "mouth off" at supervisors when he felt they were spending too much time "looking over my shoulder." He seems to feel more comfortable in a low stress, relaxed environment where he can be autonomous. When he works on a job he likes, his quality and accuracy are outstanding. Greg does not have a driver's license but uses public transportation and his bicycle to get anywhere he wants to go. He is an avid reader and can always be seen with a book in his back pocket. Greg frequents the local library and bookstores, where he will spend hours. Greg's father bought him a membership at a local gym, and Greg likes to work out regularly.

Positive Personal Profile

Name: Greg

<i>Dreams and Goals</i>	<i>Interests</i>
<i>Talents, Skills and Knowledge</i>	<i>Learning Styles</i>
<i>Values</i>	<i>Positive Personality Traits</i>
<i>Environmental Preferences</i>	<i>Dislikes</i>
<i>Work Experiences</i>	<i>Support System</i>
<i>Specific Challenges</i>	<i>Solutions and Accommodations</i>
Career Ideas and Possibilities to Explore:	

GREG

What the File Said:	What you can say after a PPP:
History of Mental Illness: Severe Depression	
Suicidal	
Behavior Problems; Oppositional Defiance in school setting	
Difficulties with communication	
Anti-social (talks to animals better than people); mumbles	
Short-tempered when something goes wrong; anger management issues	
Loner	

Features of Greg	Benefits to an Employer (Manager of Animal Shelter)
Very motivated to work	
Does not like to chat or make a lot of small talk	
Has sixth sense with animals	
Passionate and a perfectionist	
Works well independently	